

Improve your **VISION**

A Feldenkrais® Exploration

The Feldenkrais Method of Somatic Education provides us with a new opportunity to unlock our fullest potential to see more clearly. We will establish a foundation for healing the eyes and optimizing vision. In fact, after experiencing these classes and workshops, you may discover a remarkable difference in the quality and clarity of your vision.

DAVID WEBBER, GCFP, lost his eyesight in 1996 due to severe inflammation (uveitis) and glaucoma, and was declared legally blind. He discovered a pathway to recovery of vision by working through the practical principles of the Feldenkrais Method. David has been teaching internationally for the last two years and has presented and taught workshops at Vision Conferences in California and Genoa, Italy. When in Toronto, David teaches classes and workshops at The Feldenkrais® Centre.

"Without much effort or thought, my vision has improved. I participated in a few classes and a workshop that were focused on eyes, taught by David, and at the next visit to the optometrist, much to my surprise, I was told that I did not need glasses anymore. My eyes weren't bad, but they were getting worse over the years, and now, no glasses. Incredible!"

Melissa Roht, 2005

at The Feldenkrais® Centre
Saturday October 4 ■ 1 – 6 pm &
Sunday October 5 ■ 10 – 4:30 pm
\$230
Early Bird before Sept 20 - \$205

We accept Cheques, VISA or Master Card

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